



The Perennial - January 2020

2019-2020: Issue 5

Website: <ArlingtonGarden.org>

Facebook: m.facebook.com/arlingtongardenclubma



January Program ~ Monday 1/20/19 – 10:30 am

*~ Yes, it's the MLK Birthday Holiday, but the meeting is still on, with this note:
AGC meetings will be canceled if Arlington schools are closed because of snow or if there is a
parking ban at the same time as the meeting. ~*

St. John's Episcopal Church, 74 Pleasant St., Arlington MA

From Nancy Pike, VP-Programs

Our January meeting - and we really hope we're not snowed out! - will feature culinary historian, food designer, and former TV chef for Boston's Good Day Show **Lou Greenstein**. He will demonstrate - ***“Using Carved Vegetables and Fruit as Centerpieces”*** - to our members.

His creations will become property of the Club to raffle, auction off, or eat!



REMEMBER...

January and February are "brown bag" lunch meetings. Bring your own. Desserts will be provided by the Club's board.

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For March, April and May meetings members will provide lunch.

The wonderful lunches we enjoy are compliments of the members whom Hospitality asks each month. A sign-up sheet will be posted at each meeting. When you do sign up, bring one of your favorite dishes to share at one of our Spring meetings. We request salads, sandwiches, and desserts. Because our membership has grown, please be sure to bring enough of your food choice for 20 people. This way, we will all be assured of enjoying a delicious lunch with friends.

Thank you for your generosity!

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**Garden Therapy – December Program**

On December 2<sup>nd</sup> the Garden Therapy Committee celebrated the holidays with residents of the Park Avenue Health Center.

Charleen Donahue brought homemade cinnamon-buttermilk bread, and Donna McGowan provided Santa hats that we helped residents decorate. Residents donned their new hats, and everyone joined in singing seasonal songs.



We are grateful to Karen Mahoney, a friend of Charleen's, who joyfully accompanied all of us on the piano. She was able to accommodate a resident's request: "I saw Mommy Kissing Santa Claus," which was a real crowd pleaser. Despite the iffy weather, we all agreed our visit was well worth the extra effort it took to get there.



## ***Environmental Corner***

As always, please bring your button batteries to Club meetings!

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Science for the Public Presents: *Effects of Climate Change on New England's Forests*

Temperatures in New England are projected to increase by 9 degrees Fahrenheit by the year 2100. The increase in temperature will lead to a smaller winter snowpack and increased frequency of soil freeze/thaw cycles, which may damage trees and decrease the ability of our forests to sequester carbon and serve as habitat for some animals and microbes.

Dr. Pamela Templar, Professor of Biology at Boston University established the Climate Change Across Seasons Experiment (CCASE) at Hubbard Brook Experimental Forest in New Hampshire to determine the effects of these changes in climate on the health of northern hardwood forests and implications for water and air quality. This program is made possible by a partnership with Science for the Public.

**Wednesday, January 15th, 7-8:30 pm
Robbins Library Community Room**

Arlington's Recycling Center's Next Open Day (weather permitting)
Saturday February 8th 9 am – 12 noon
51 Grove Street



Test your knowledge with some Garden Riddles & Trivia

Answers appear at the end of The Perennial

1. What flower rides a bicycle
 2. What is the official Massachusetts State Flower?
 3. What emotion is association with the yellow rose?
 4. Who is the famous flower in a Gilbert & Sullivan operetta?
 5. Nobody ever asks this poor flower to dance.
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Having created Books in Bloom five times, the committee has decided to freshen it up in the new decade and is asking you to participate in this joint Garden Club / Friends of Robbins Library fundraiser event....

Books in Bloom is becoming *Music in Bloom* !



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Friday evening, March 27th, 2020 ~ Robbins Library

- Design displays that feature music, rather than a book
- Think musicals, operas, children's songs, individual music pieces
- One Co-chair is thinking already humming *Stormy Weather...*
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Other roles include...

- Cocktail waitress
- Baker
- Kitchen duty

If you are flummoxed with the new theme, the committee is happy to help brainstorm ideas! Also to consult with members about potential ideas.

More details to come at the January meeting.

It's a really fun event - save the date!

*Patsy Kraemer & Sally Naish – Co-Chairs*

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### ***Holiday House Tour – Beverly, MA***

Several Garden Club members & friends enjoyed a tour of decorated homes.



Thank you, Tour Director Emily Forshay-Crowley (*front center*)

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### ***Jason Russell House - enhanced by wreaths thanks to AGC members' creativity***



*2 of the creators, Juliette Avots & Carol Nahigian*





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*~ Looking for Gardeners ~*

A former member of the Club, who had to stop coming to meetings when her gardening business became too busy, is now looking for part-time gardeners to join her as the business grows! Her company installs and maintains plants in office buildings, so all the work is inside.

Hours are flexible and light, *e.g.*, watering, dusting of plants. The ideal candidate has reliable transportation and has knowledge of houseplant care (or is interested in learning).

*If interested, contact:* Jen Gouldstone, Founder & President <[GardenStreets.com](http://GardenStreets.com)>  
Plantings for Wellness - 646-593-5779

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***Following on to November's botanic artists presentation,  
here is notice of some upcoming drawing workshops being  
offered by artist Erica Beade***

**Sketching Mammals** (independently offered): Sunday, January 12<sup>th</sup> from 9:30-11:30 am at the Harvard Museum of Natural History (HMNH) – sign up via an email.

**Botanical Drawing** at the Arlington Center for the Arts: Saturday, January 25<sup>th</sup>, 1-5 pm. Sign up via the [ACA website](#)

**Botanicals in Color** at the Arlington Center for the Arts: Saturday, March 7<sup>th</sup> 1-5 pm: sign up via the [ACA website](#)

*Also two workshops that are not yet posted on the HMNH website, so check back soon:*

**Butterflies and Moths in Color** (offered by the HMNH): Saturday, February 29<sup>th</sup>, 9:30 am-12:30 pm (sign up through the HMNH when registration opens)

**Sketching and Mindfulness** (offered by the HMNH): Saturday, March 21<sup>st</sup>, 9:30-11:30 am (sign up through the HMNH when registration opens)

Erica Beade Illustration Website: [www.mbcgraphics.com](http://www.mbcgraphics.com)

Teaching Website: [www.observationaldrawing.com](http://www.observationaldrawing.com)

Check out Observational Drawing on

Facebook: [www.facebook.com/observationaldrawing](http://www.facebook.com/observationaldrawing)

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## The LANDSCAPE DESIGN COUNCIL Winter Lecture

*“Mabel Cabot Sedgwick, Marjorie Russell Sedgwick  
and their horticultural legacy at Long Hill”*



Long Hill was the summer retreat of publisher Ellery Sedgwick and his wife, Mabel Cabot Sedgwick, an accomplished gardener and horticulturist. Mabel Sedgwick set about designing gardens and landscape amenities that are renowned a century later. After her death in 1937, her vision was sustained and expanded by the second Mrs. Sedgwick, the former Marjorie Russell, a rare plants specialist, who added new and rare species of trees and shrubs to the estate, some introduced by the Arnold Arboretum in Jamaica Plain. Our speaker, Landscape Architect Lauren Meier is also a historian and preservationist who is currently a consultant at this property owned by the Trustees of Reservations.

**Thursday  
February 6, 20  
10:30 am**

**Snowdate:  
February 12, 2020**

**Massachusetts Horticultural Society  
Parkman Room  
900 Washington Street  
Wellesley, Massachusetts 02482**

**L** Lauren  
**M** Meier,  
ASLA



Meier is a landscape preservation consultant. She has served as an editor of the Papers of Frederick Law Olmsted and worked in both public and private practice to document and preserve many of the nation's most important cultural landscapes. She holds a BA in Botany from Pomona College, a MLA from Harvard Graduate School of Design and is currently a certificate candidate in botanical art and illustration at the Friends of Wellesley College Botanic Gardens.

**\$15 Open to all!**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Email (Required) \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Mail your check, payable to "GCFM" to: Mary Nokes, 35 Woodpark Cir., Lexington, MA 02421.  
Write LDC Winter lecture - Long Hill on memo line of your check.  
For more information contact: Maureen O'Brien, [maureen.t.obrien@outlook.com](mailto:maureen.t.obrien@outlook.com)

**Refreshments and a short Members' Meeting precede the lecture.**  
**Please Note: Registration Deadline: February 1, 2020**

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get the word out about other events....**Post your group's events at our  
SWAPPO table**

Many of us have shared announcements at meetings about programs and activities that are non-garden related but may be of interest to our membership.

The Board encourages this information sharing but feels it is taking up too much time in the business section of our meetings, so in September we began setting up a 'Swappo' table available for members to leave brochures, flyers, etc. on such events.

There are only 2 "rules" – nothing politically related and please do not use table to sell anything



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### **Garden Riddles & Trivia Answers**

1. Daisy 2. Mayflower 3. Jealousy 4. Poor Little Buttercup 5. Wallflower

